

# Tending the Garden of Our Hearts

## Peace Episode Printable

Print these quotes discussed in the episode about peace, and post them on your refrigerator or in your prayer corner, to help you commit them to memory.

“Acquire the Spirit of Peace and a thousand souls around you will be saved.”

-- St. Seraphim of Sarov

“Be anxious for nothing, but in everything  
by prayer and supplication,  
with thanksgiving,  
let your requests be made known to God;  
and the peace of God,  
which surpasses all understanding,  
will guard your hearts and minds  
through Christ Jesus.”

(Phil. 4:6-7)