

Tending the Garden of Our Hearts

The Protection of the Theotokos

When people prayed and asked for her help, the Holy Theotokos prayed for the city of Constantinople, and then spread her veil over the people and the city to protect it. What place or people in your life will you ask her to pray for and protect? Draw the Theotokos holding her veil. Beneath the veil, draw or write about the people or place you are asking her to protect. Then pray, and ask for her protection. She will pray for you!

